MLK Jr Day of Service and Justice, 01/18/2021

All Plymouth Meeting Friends School students, families, faculty, and staff are welcome to join us in this year's virtual Dr. Martin Luther King, Jr. Day of Justice and Service. All the activities are designed to help us CONNECT with one another, SUPPORT our communities, and LEARN more about social justice, racial justice, and equality.

Parent Resources: MLK Jr Day videos by grade & book links

This year, families can participate by watching these videos, selected for your grade group, and then respond on the FlipGrid! Flip through others' responses and pop around to other grades. While watching, consider the following self-reflection questions:

- What did this video make you think about?
- What do you think about social justice?

(Younger grades may instead enjoy drawing a picture and writing a couple sentences about their observations)

Pre-K & Kindergarten:

Query: What is different about your friends that makes you special? What is different about you that makes you special?

PBS Learning Media- Martin Luther King Jr. Day- PBS Kids

A quick overview of the history behind MLK Jr. Day of Service

https://www.youtube.com/watch?v=WNnu2cj3-pU

I am Martin Luther King Jr

A New York Time's bestselling picture book read aloud. The book defines racism (in an age-appropriate format) and discusses Martin Luther King's beliefs that it's better to have more love in your heart than hate.

https://www.youtube.com/watch?v=Vxy5oDYP5D0

The Story of Martin Luther King Jr. by Kid President

An overview of Martin Luther King Jr. as defined by a sweet and smart kiddo!

https://www.youtube.com/watch?v=4xXZhXTFWnE

How did these videos make you feel? What did Martin Luther King Jr. believe?

What is different about you that makes you special?

Like Martin Luther King Jr., what would you change to make the world a better place?

1st-2nd grade:

Query: To what extent do I avoid differences to avoid conflicts?

The Legacy of Dr. Martin Luther King, Jr. by Brain Pop

https://www.youtube.com/watch?v=p1dlQo3cVBI

The Story of Martin Luther King Jr. by Kid President

https://www.youtube.com/watch?v=4xXZhXTFWnE

Listen to the video that Kid President made about the life of Martin Luther King Jr. Like Martin Luther King Jr., Kid President believes in making the world more awesome. What is your dream for making the world more awesome?

3rd-4th grade:

Query: What am I doing with my talents, time, money, and possessions? Am I sharing them according to the Light I am given?

Should 2020 Be Forgotten? A Birmingham Choir Rings Out The Year With "Auld Lang Syne" | NPR

https://www.youtube.com/watch?v=dCFdKpKLGxs

MLK Jr. Biography Bio, for kids

https://www.youtube.com/watch?v=qllIq284u20

For those Hamilton fans, here is a MLK Jr Bio, done in song and rap

https://www.youtube.com/watch?v=xAUvvAbzkUk

How am I persistent in my efforts to promote constructive change?

5th-6th grade:

Query: How do I face conflicts with patience? What does forbearance and openness to healing mean?

The Lorraine Motel, in Memphis, Tennessee, where Martin Luther King Jr. was assassinated, is now the National Civil Rights Museum. Students can take a virtual tour of the space.

https://www.youtube.com/watch?v=UWDHj99rGeA&feature=youtu.be

Videos great for discussion with your families. 26 Mini-Films for Exploring Race, Bias and Identity With Students_

https://nyti.ms/2nnZQXj

What are the ways that I act as a true and good Friend to work toward overcoming separations and restoring wholeness?

Book Links:

Given both recent events and those of the last year, this is a valuable time to reflect on the life and legacy of Martin Luther King, Jr.

We have updated the **Bookshop** PMFS book sale page to include books on the topic of race and inclusion.

It's called *Elementary Reading:*

MLK Jr & Social Justice and includes picture books to read with younger children and chapter books for independent readers (appropriate for ages 4 - 12 years). There is also a suggestion list for adult readers. Find and purchase books here.

We hope you will consider purchasing books on this important topic for your home library. Proceeds from these book sales benefit PMFS (15%) and the Children's Book World, an independent bookstore in Haverford (15%). Happy reading!

Here are some links to lists of books to read with your children for Martin Luther King Jr Day. Uncle Bobbie's bookshop is a local, bookstore owned by a POC- buying books here help supports our local community- located on Germantown Ave (:

https://bookshop.org/lists/kid-s-corner-ages-2-6

https://bookshop.org/lists/middle-readers-ages-8-12

Want more?

The African American Museum in Philadelphia, located at 701 Arch St., annually hosts a Martin Luther King Jr. Day celebration. For 2021, the weekend activities will take place virtually. More information on each day's specific activities is available at AAMP's website:

https://www.aampmuseum.org/mlk.html

Historic Fair Hill is a non-profit organization whose mission is to preserve the historic Fair Hill Quaker burial ground and assure that its history and the ideals of the people interred there continue to speak to the world, and to act as a collaborative partner in the revitalization of the Fair Hill community through school partnerships for literacy, greening, and community engagement events. PMFS has partnered with them over the past few years for our book drive, and they are hosting an in-person service opportunity on MLK day if any families are interested. Details at this link:

http://historicfairhill.com/event/mlk-day-of-service-2/ Philadelphia Magazine directs us to a day of service portal and has an MLK Jr. coloring book: https://phillyfamily.com/mlk-day-philly-kid-friendly-events/

Organizations to donate to:

Since we can't be together to provide service on MLK Day this year, here's a couple of ideas of how to support BIPOC- organizations in our local community.

1. ACLAMO, (610) 277-2570:

Miss making BREAKFAST BAGS? In past years, we have come together to help assemble and provide ACLAMO (Accion Comunal Latinoamericana de Montgomery County, or the Latin American Community Action of Montgomery County) with breakfast bags, winter clothes, and small toys/trinkets. If you would like to continue to support them, please consider donating to:

https://aclamo.org/donate/

2. Mill Creek Urban Farm, (267) 345-8381:

"Founded in 2005, Mill Creek Farm is an educational urban farm that is led by people of color. We cultivate and distribute fresh produce, host farm-based learning programs for people of all ages and demonstrate ecological technologies to provide for basic needs."

There are donation, wish list and volunteer options available on their website:

https://www.millcreekurbanfarm.org/donate

https://www.millcreekurbanfarm.org/content/wish-list

https://www.millcreekurbanfarm.org/content/volunteer

3. Bartram's Garden, (215)-729-5281:

"The Bartrams' agricultural legacy and our modern commitment to food sovereignty take root at the Sankofa Community Farm at Bartram's Garden. After several years of transition, the farm is now firmly rooted at Bartram's Garden and in our Southwest Philadelphia neighborhood, with an African focus for our work, strong local leadership guiding our vision, and renewed resources and partnerships to sustain youth development, community health, and food sovereignty."

You can support by donating or becoming a member of the farm here:

https://www.bartramsgarden.org/roomforall/

4. Haws Avenue Soup Kitchen, (610)-275-1283:

Located in Norristown, PA, the Haws Avenue Soup Kitchen provides meals to those who need it most in Western Norristown. There are options to donate to the soup kitchen, food pantry, youth fund or the church itself:

https://www.hawsavechurch.org/story

5. Inter- Faith Housing Alliance, (215)-628-2334:

"Inter-Faith Housing Alliance provides opportunities for families in our diverse community to achieve self-sufficiency by offering community-based programs designed to bridge homelessness and independence."

You can donate here:

https://www.i-fha.org/makeadonation/

They also offer some great resources on racial equity, including books and videos, you may find them here:

https://www.i-fha.org/equity/

6. Germantown Avenue Crisis Ministry, (215)-843-2340:

"To connect at-risk Northwest Philadelphia residents to resources within themselves and the community, that resolve their crises, stabilize their lives and equip them to take the next step(s) toward self-sufficiency"

You may make a general donation here:

https://www.crisisministry.org/donate

Or a donation to their food pantry:

https://secure.causevox.com/pay?url=fund-a-need-90483.causevox.com